concentration, but the inflammatory environment could also lead to EPO resistance. Higher lymphocyte concentration in the blood results in lower Hgb concentration change during treatment. In order to achieve required Hgb change, the increase of CRP above the normal range may result in double the dose of EPO needed.

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**PS061**

The relationship between Calcium-Scor and the risk of coronary artery disease in patients with heart failure

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Aim: The purpose of this study was evaluating relationship between coronary calcium score in detecting the risk of coronary artery disease in patients with heart failure.

Introduction: Heart failure (HF) is an abnormality of cardiac structure or function leading to failure of the heart to oxygen delivery. Angiography is discussed as a gold standard for diagnosis of coronary artery disease but Cardiac CT-Scan recently is typical imaging technique which is low-cost and non-aggressive technique to determine coronary artery calcification.

Methods: This is case-control study that was conducted in Services Hospital. All Patients referring to Heart failure department were EF (Ejection fraction) ≤35% and all of them previously examined by Coronary Angiography or Coronary CT-Angiography to know the coronary artery status. The case group was patients with CAD related heart failure and control group was patients with normal coronary or Non-CAD Related-HF. All patients in both groups were evaluated with Conventional CT-Scan for calculated the Calcium score.

Results: Ninety patients with HF divided into case group (n = 40) and control group (n = 50). The average of EF in case group was 29.25 ± 5.05 and in control group was 27.7 ± 7.09. The amounts of calcium score in each Categories (Mild, Moderate, Severe and Extensive) in case group was 33%, 18%, 13% and 5%, but control group in Categories (Mild, Moderate, Severe) was 20%, 6% and 4% respectively.

There was a statistically significant correlation (r = 0.835; p < 0.0001) between calcium score and results of angiography. There was linear relationship between calcium score and age of patients with heart failure (r² = 0.807). No significant difference was found between genders in terms of calcium score (p = 0.353).

Conclusion: There was high correlation between calcium score and results of angiography. Calcium scoring is reliable tool for screening patients with CAD.

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**PS083**

Levels of 6-thioguanine nucleotides and clinical remission in inflammatory bowel disease – A systematic review and meta-analysis

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Aim: This systematic review and meta-analysis aimed i) to assess the clinical value of 6-thioguanine nucleotides (6-TGN) thresholds (200, 225, 230, 235, 250 and 260 pmol/8 × 108 RBC); and ii) to compare mean 6-TGN concentrations between patients with active disease and those achieving remission.

Introduction: Thiopurines are widely used as immunosuppressive drugs in the management of inflammatory bowel disease even though their minimum effective dose and dose–response relationship remain controversial. In addition, the monitoring of thiopurines’ pharmacological active metabolites is currently reserved for particular cases namely in refractory patients or when non-compliance or toxicity is suspected.

Methods: Literature search was carried out following PRISMA and Cochrane Collaboration Guidelines and four databases were used (PubMed, Web of Science, ScienceDirect and the Cochrane Central Register of Controlled Trials). Statistical heterogeneity was assessed using the I² statistic followed by subgroup and sensitivity analyses. Odds ratios (ORs) were computed under the random effects model.

Results: The systematic search identified 1384 records of which 25 matched the inclusion criteria and were retained for further analysis. From these, 22 were used in the cut-off comparisons while 12 were used in the 6-TGN mean differences analysis. The global OR for remission in patients with 6-TGN concentrations above the predefined thresholds was 3.95 (95% CI, 2.63–5.94; p < 0.001). When considering each of the six thresholds individually, the OR of for levels above 235 pmol/8 × 108 RBC (OR = 2.25) and 250 pmol/8 × 108 (OR = 4.71). Mean 6-TGN levels were significantly superior among patients achieving clinical remission, with a pooled difference of 63.37 pmol/8 × 108 RBC (95% CI, 31.81–94.93; p = 0.001).

Conclusion: These results reinforce that 6-TGN levels are related to clinical remission and give an insight into the thresholds that may be used to guide clinical decisions.

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Aim: Assessment of the influence of single dose of energy drink on blood pressure, heart rate, ECG, cardiac output and vascular compliance in healthy volunteers.

Introduction: An energy drink (ED) is a type of beverage containing stimulant drugs, caffeine, taurine, which is marketed as providing mental and physical stimulation. The popularity of product is increasing especially among teenagers and young adults. Some research suggest that its consumption may have negative effect on cardiovascular system.

Methods: A randomized double-blind placebo controlled cross-over study was conducted on 18 healthy volunteers (7 female, 11 male, mean age 23.67 ± 1.19). Subjects received: 500 ml of energy drink containing 160 mg of caffeine, 2 g of taurine and 50 mg of guarana or 500 ml of placebo. Participants drank beverages in random order during two different meetings. Drinks did not differ in taste, smell and color. In all participants before and after consumption of a drink following procedures were performed: peripheral and central systolic and diastolic blood pressure (SBP and DBP) measurement, ECG recording, echocardiography, and pulse wave velocity analysis – in the same sequence and time intervals for every participant.

Results: ED consumption was related to significant increase of SBP in 75 min of observation compared to placebo (ΔSBP for ED 5.7 ± 10.2 mmHg vs −0.3 ± 7.2 mmHg for P, p = 0.03). ED caused increase in central SBP (107.8 ± 13.2 vs 115.6 ± 12.1 mmHg, p = 0.0005), and central DBP (73.9 ± 11.9 vs 78.1 ± 10.2 mmHg, p = 0.02). However comparison between placebo and ED revealed no significant differences in these parameters. The ECG parameters (HR, PQ, QRS and QTc intervals, axis of P wave, QRS complex, T wave) did not reveal significant differences between groups. There were no differences in echocardiographically determined cardiac output and LVEF.

Conclusion: Single dose ED consumption increases peripheral and central SBP. This effect is probably mediated by vascular wall properties and not by cardiac performance.