Prevalence of foramen arcuale and its clinical significance: A meta-analysis of 55,985 subjects

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Aim: The aim of this study was to deliver the most complex study on the prevalence of the FA and its clinical significance.

Introduction: Foramen arcuale (FA) is an osseous prominence formed in place of a sulcus for the vertebral artery on the posterior arch of the atlas. The presence of an FA can make a threat during neurosurgery by giving a false notion of a wider posterior arch when viewed dorsally during C1 lateral mass screw insertion.

Methods: An comprehensive search of the major electronic databases was performed in order to find and identify all studies which reported relevant data on the FA. No date or language restrictions were applied. Data on the prevalence, type (complete and incomplete), side, gender, laterality, and morphometrics of the FA were extracted and pooled into a meta-analysis.

Results: A total of 127 studies (n = 55,985 subjects) were included into the quantitative analysis. The overall pooled prevalence of a complete FA was 9.1% (95% CI: 8.2–10.1), while the overall pooled prevalence of an incomplete FA was 13.6% (95% CI: 11.2–16.2). The complete FA was found to be most prevalent in North American (11.3%) and European (11.2%) populations, and least prevalent among Asian (7.5%) populations, especially Chinese (4.4%) and South Koreans (5.8%). In the presence of a complete FA, a contralateral FA (complete or incomplete) was found in 53.1% of cases.

Conclusion: The FA is a commonly present anatomical structure. Awareness of a complete variant of the FA during procedures performed on the atlas vertebra is essential in reducing the risk of iatrogenic injury. Therefore, risk for the presence of an FA should be considered by surgeons prior to procedures on the atlas in each patient according to gender and ethnic group. As such, we highly advise preoperative screening with CT as the gold standard for finding the presence of an FA.

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Quality of Life and aortobifemoral bypass – Importance of the hypogastric arteries

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Aim: Evaluate SD after AFB and assess the importance of patent hypogastric arteries before the procedure.

Introduction: The aortobifemoral bypass (AFB) is one of the best options to revascularize patients with Aortoiliac Occlusive Disease (AIOD). The impact of this procedure in sexual function (SF) is unpredictable, with 20–80% of the patients reporting sexual dysfunction (SD) after surgery. There’s still insufficient data to safely predict the development of SD after AFB and what the role of hypogastric arteries.

Methods: The study includes only male population submitted to AFB due to AIOD. Patients with major amputations after the surgery were excluded. The development of SD was evaluated by phone call. The quality of life before and after the procedure was evaluated by a standardized index score questionnaire (1SD). Pre-operative patency of hypogastric arteries was appraised by assessing the patients imaging file. The arteries with direct anterograde flow were considered patent.

Results: Of a total of 53 patients, 40 were included in the study – exclusion causes were intra-hospital death, natural cause death and major amputation. In the included group, 37% reported worsening, 26% improved and 37% did not notice any change in SF after surgery. If at least one of the hypogastric arteries was patent before surgery, 58% described worsening in SF compared to only 13% in the group with no sustained anterograde flow to the hypogastric arteries. 92% of the patients was not warned of the possibility of SD after surgery, being that 26% of these would have refused the procedure if they knew.

Conclusion: SD is a prevalent and often overlooked complication after open aortoiliac revascularization and it remains a major taboo in the surgeon/patient relation. The existence of at least one hypogastric artery with preserved anterograde flow before